

July 14, 2008

Show Me You Care About Suicide Prevention

Truman Hotel Jefferson City, Missouri
Third Annual Conference

Featured Speakers



Iris Bolton

In 1977, her son, Mitchell Bolton, completed suicide. This tragic loss would forever alter her path. Her desire to make meaning from his death would crystallize her future. Iris returned to school at Emory University and received her master's degree in suicidology. Iris recognized the overwhelming need for assistance and support after a death by suicide. Requests for help from local ministers, therapists, and teachers were answered by the creation of SOS (Survivors of Suicide) support groups. These groups have become the model for similar programs throughout the nation. The founding of a local chapter of Compassionate Friends and a program to provide immediate support through home visits to bereaved families broadened the network of services to grieving families. In 1983, Iris Bolton published her book, *My Son, My Son*, establishing herself as a pioneer in the field of suicide prevention and aftercare.



James T. Clemons, PH.D.

Dr. Clemons is Professor Emeritus of Wesley Theological Seminary and retired clergyman of the United Methodist Church. In 1997, he founded the Organization for Attempters and Survivors of Suicide in Interfaith Services (O A S S I S). He is the author of *What Does the Bible Say About Suicide*,

and over 20 articles on suicide from religious perspectives. He has edited *Sermons on Suicide*, and *Children of Jonah: Personal Stories by Survivors of Suicide Attempts*. He has preached and lectured in 20 states and has been a consultant for statements on suicide by four denominations.



Laurie Davidson

Laurie Davidson coordinates campus programs at the Suicide Prevention Resource Center (SPRC), funded by the Substance Abuse and Mental Health Services Administration of the U.S. Department of Health and Human Services. SPRC

is located at Education Development Center, Inc. (EDC), an international nonprofit research and development organization serving clients in health care, social services, education, justice, and public and mental health at the community, local, state, national, and international levels.



Clark Flatt

Mr. Flatt is the President/CEO of The Jason Foundation, Inc. (JFI), which was founded in October 1997 after the death of his youngest son, Jason. JFI's mission is to provide information, tools and resources to students, educators/youth workers and parents that will enable early detection of at-risk behavior and guide them to local resources. Mr. Flatt has expanded JFI to include over 70 affiliate offices, including JFI at Heartland Behavioral Health Services in Nevada, MO, in addition to the corporate office located in Hendersonville, TN.

Activities Available at This One Day Conference Include:

Keynote presentations by nationally known leaders in the field of suicide prevention

Breakout Sessions

Gatekeeper Training

Screening and discussion of the documentary *Fierce Goodbye*

Art Exhibit from the Division of Youth Services
Suicide Prevention Week Poster Contest

Book Signing with Iris Bolton,
James Clemons and winning poster artist

More information on Page 3

Sponsored by:



July 14, 2008

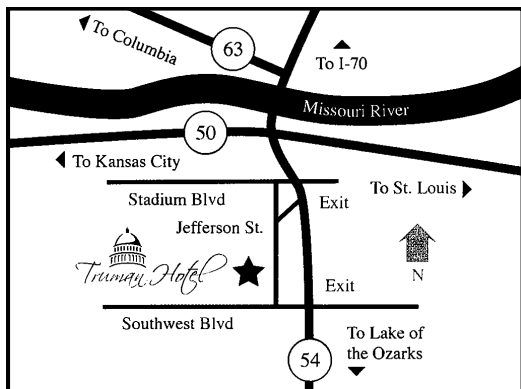
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Truman Hotel Jefferson City, Missouri
Third Annual Conference

Conference Schedule

Please see workshop descriptions for more details

8:00—9:00	Conference Check-in Continental Breakfast: Danish, bagels, donuts, coffee, and juice			
9:00—9:15	Welcome and Opening Remarks: Keith Schafer, Ed.D., Director, Department of Mental Health			
9:15—10:15	General Session: <i>Suicide Prevention: A Sharing of Healing and Hope</i> , Iris Bolton			
10:15—10:45	Morning Break & Networking Opportunity: <ul style="list-style-type: none">• Explore Resource Tables• Book signing with Iris Bolton and James Clemons (Books will be available for purchase on site)• Exhibit of DYS Poster Contest Entries (Vote for your favorite!)			
10:45—12:00	A. Beyond the Mission Madeline Swann, Ph.D.	B. Creating Caring Communities Lesley Levin	C. Suicide in Children & Adolescents Laine Young-Walker, M.D.	D. QPR Kathleen Welton Anamika Pandya
12:00—12:45	Lunch: Oven-roasted chicken breast basted w/ fresh herbs & seasonings, wild rice, salad, vegetable, dinner roll, coffee and tea.			
12:45—1:30	General Session: <i>The Role of Faith in Suicide Prevention</i> , James Clemons, Ph.D.			
1:30—1:45	Break			
1:45—3:00	E. Technology as a Risk Factor for Youth Kristina Kersting	F. Fierce Goodbye Film & Discussion James T. Clemons	G. Understanding and Responding to Suicide in Our Communities Ronda Reitz, Ph.D.	H. safeTALK Super Session
3:00—3:15	Refreshment Break: Cookies, brownies; coffee, iced tea, soft drinks			1:30 pm—4:00 pm
3:15—4:00	General Session: <ul style="list-style-type: none">• <i>Bridging Research and Practice in Suicide Prevention</i>, Laurie Davidson, Suicide Prevention Resource Center (SPRC)• Presentation of awards for DYS Suicide Prevention Week Poster Contest• Individual Q&A with Presenters, Exhibitors, and Winning Poster Artist (Autographed posters and books will be available)			David Slinkard Jennifer Siervo <i>(limited seating)</i>
4:00—5:00	Closing General Session: <i>Youth Suicide: The Silent Epidemic</i> Clark Flatt, President/CEO, The Jason Foundation			



Conference Location and Lodging:

The conference will be held at the Truman Hotel & Conference Center, **1510 Jefferson St, Jefferson City**. A limited number of rooms at the reduced rate of \$55.00 per night are available through June 30, 2008. Make hotel reservations by calling toll free: **800-392-0202** & mention the Rate Code: **DMH7**

Questions?

Please call 573-526-3065 or email sara.robbs@dmh.mo.gov for questions or concerns, including dietary, lodging, and other information related to the conference. On the web:

<http://www.dmh.mo.gov/cps/issues/suicide/conference/2008/index.htm>

Workshop Descriptions

Registration form enclosed

A. Beyond the Front: An Interactive Life Preservation Training Program – Madeline Swann, Ph.D.

This workshop will highlight the Army suicide prevention research conducted at Lincoln University to identify variables leading to suicide. A new interactive Army Suicide Prevention Training Video will be demonstrated, allowing the audience to make choices in two suicide prevention and intervention scenarios. *General Audience*

B. Creating Caring Communities – Lesley Levin

Persons with depression have never been more visible in our congregations and communities, or more in need of pastoral care than they are today. This workshop is for anyone who is interested in helping faith communities become more welcoming and supportive of persons with mental illness and their family members. *Emphasis on Faith Communities*

C. Suicide in Children & Adolescents – Dr. Laine Young-Walker, M.D.

Discussion of American Academy of Child and Adolescent Psychiatry's Practice Parameters for Assessment and Treatment of Suicidal Behavior. Issues addressed include Epidemiology, Clinical Presentation, Risk Factors, Developmental Features, Assessment and Treatment. *Clinical Audience*

D. QPR (Question, Persuade & Refer) – Kathleen Welton and Anamika Pandya

QPR is a training program that has been presented to thousands of Missourians in recent years. "Gatekeepers" trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help – three simple steps that anyone can learn to help save a life. *General Audience*

E. Technology as a Risk Factor for Youth – Kristina Kersting

Although the correlation between technology and youth suicide has recently been a major topic in the media, there has been very little educational follow up. This workshop will examine the aspects of technology (text messaging, social networking websites, message boards, chat rooms, and instant messaging) and its impact on youth suicide. Information about creating social networking profiles will be provided and actual web pages will be reviewed. *General Audience*

F. Fierce Goodbye screening and discussion – James T. Clemons

The documentary *Fierce Goodbye: Living in the Shadow of Suicide* tackles the taboo and stigma that still surrounds suicide and probes into grief, healing and the role of faith. Hosted by folksinger, author and survivor Judy Collins, this documentary features five families that have been touched by suicide, and includes a wide variety of mental health, theological, and survivor organization experts, including Dr. James Clemons, who will participate in a discussion following the screening. *Emphasis on Faith Communities*

G. Understanding and Responding to Suicide in Our Communities – Ronda Reitz, Ph.D.

This training will help participants explore their own thoughts and reactions to suicide and will prepare them to recognize and respond when someone they know is at risk. Research related to effective prevention and intervention strategies will be discussed. *Clinical Audience*

H. safeTALK: Suicide Alertness for Everyone – David Slinkard and Jennifer Siervo

This program teaches participants to recognize and engage persons who might be having thoughts of suicide and to connect them with community resources trained in suicide intervention. *SafeTALK* stresses safety while challenging taboos that inhibit open talk about suicide. *General Audience*

SCHOLARSHIPS

A limited number of partial scholarships (covering 50% of the registration costs) are available. Application deadline is June 27, 2008.

EXHIBITS

A limited number of tables are available at no charge for organizations wishing to display or distribute suicide prevention-related materials.

POST-CONFERENCE WORKSHOP

Pathways Community Behavioral Healthcare, Inc. is hosting a two-day Applied Suicide Intervention Skills Training (ASIST) workshop at the conference site on July 15 & 16. Registration is \$99. Seating is limited.

For more information about any of the above, please contact Sara Robbins at 573-526-3065, email

Sara.Robbins@dmh.mo.gov or visit: <http://www.dmh.mo.gov/cps/issues/suicide/conference/2008/index.htm>

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Breakout Session Presenters:

Kristina Kersting, MA, LPC, Program Facilitator, Kids Under Twenty One (KUTO), St. Louis

Lesley Levin, MSW, LCSW, ACSW, President, Behavioral Health Response (BHR), St. Louis.

Anamika Pandya MPH, CHES, Community Health Education Specialist, Pandemic Influenza Planner, Clay County Public Health Center, Liberty.

Ronda Reitz, PhD, Coordinator, Dialectical Behavior Therapy (DBT) Services, Missouri Department of Mental Health, Jefferson City.

Jennifer Siervo MA, LPC, Integrated Services Director, Crider Health Center, Wentzville.

David Slinkard MA, LPC, NCC, Director of Quality Management, Crider Health Center, Wentzville.

Madeline Swann, PhD, Physical Scientist, US Army Research Laboratory Human Research & Engineering Directorate, Aberdeen Proving Ground, MD.

Kathleen Welton, BSE, Healthy Children and Youth Program Manager, Clay County Public Health Center, Liberty.

Dr. Laine Young-Walker, M.D., Associate Medical Director, Department of Mental Health, Jefferson City.

REGISTRATION

Show Me You Care About Suicide Prevention

July 14, 2008 Truman Hotel, Jefferson City, Missouri

Program # 09004

**For Information regarding registration,
call 314-877-6419**

Mail to: Missouri Institute of Mental Health (DMH)

5400 Arsenal Street

St. Louis, MO 63139

Or fax registration: 314.877.6428

Or register online at: www.mimhtraining.com

NAME*	EMPLOYER
HOME ADDRESS*	WORK ADDRESS
CITY*	CITY
STATE* ZIP*	STATE ZIP
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Missouri Institute of Mental Health**

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Credit Card # _____

Name on Card _____

Signature _____

Registration Fee

The registration fee for the conference is \$49.00. Add \$10 (for a total of \$59) if postmarked after June 30, 2008. Registration includes instruction, handout material, continuing professional education credit, lunch and refreshments. (Menu is listed on the itinerary in the brochure.)

Cancellation/Substitution

Cancellations received in writing and postmarked by July 9 will be refunded, less a \$25 processing fee. No cancellations after that date. Substitutions are allowed by notifying us in writing. Registrants who do not attend and have not cancelled in writing by the deadline will be responsible for the full registration fee.

Special Needs: The sponsors comply with the guidelines set forth in the Americans With Disabilities Act of 1990. If you notify us at 573-526-3065 as soon as possible, reasonable efforts will be made to accommodate your special needs.

Accreditation: The University of Missouri-Columbia Missouri Institute of Mental Health (MIMH) will be responsible for this program and maintain a record of your continuing education credits earned. The Missouri Institute of Mental Health will award 6 clock hours or 7.2 contact hours (.7 CEUs) for this activity.

The MIMH credit will fulfill Clinical Social Work and Psychologist licensure requirements in the state of Missouri. If your profession is not listed above or if you are from outside of Missouri, check with your Board prior to completing this program to ensure you are seeking the proper accreditation.

This conference has also been approved for six (6) hours of advanced training for Missouri Certified Compulsive Gambling Counselors.

All attendees will receive a certificate of attendance.

BREAKOUT SESSIONS: Please mark box to the left of the session you would like to attend.

MORNING SESSION 10:30 to 11:45 am CHOOSE ONE	
<input type="checkbox"/>	A. Beyond the Mission
<input type="checkbox"/>	B. Creating Caring Communities
<input type="checkbox"/>	C. Suicide in Children and Adolescents
<input type="checkbox"/>	D. QPR — Question, Persuade, Refer

AFTERNOON SESSION 1:30 to 2:45 pm CHOOSE ONE	
<input type="checkbox"/>	E. Technology as a Risk Factor for Youth
<input type="checkbox"/>	F. <i>Fierce Goodbye</i> — Film and discussion
<input type="checkbox"/>	G. Understanding and Responding to Suicide in Our Communities
<input type="checkbox"/>	H. safeTALK (Please Note: This session will overlap with some of the afternoon general session activities.)

Please refer to brochure for breakout session descriptions.

Office only: **Date rec'd**

CK#

AMT

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